Holland Code Activity

Career Interest Assessments can be a great tool to help folks discover their career interests, but an individual assessment may not be the best choice in all situations.

Middle-school-age students may not have had enough life experiences to be able to complete an interest assessment, but they can do this activity.

This is designed to be a group activity, which can lead to group discussions and folks learning how to express themselves.

1. Print these six posters and post them around the room.
2. Ask the participants to go to the poster that best describes themselves.
3. After they have chosen a group, ask each group to come up with a theme song and a slogan for their group.
4. Have each group present.
5. Have individuals explain why they choose that group.
6. Have all participants go to the poster that describes the people they would like to hang out with at a party.
7. Have each group tell why they chose that group. Is this group the same or different from the last group they were in?
8. Notice any large or small (or empty) groups and discuss that with the class.
9. Have all go to the poster that represents the people that they would least like to hang out with at a party.
10. Have each group tell why they chose that group. Is this group the same or different from the first group they were in?
11. Notice any large or small (or empty) groups and discuss that with the class.
12. How can each of these groups contribute to society, to make the world a better place?
13. Are any of these groups more valuable to society than others?
14. Can you see why it would be nice to have someone from all of these groups on a team to solve a problem?
15. What have we learned from this activity?

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